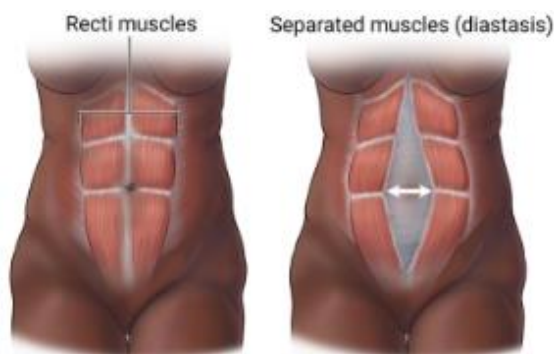


O71.82 *Diastasis of recti abdominal muscle in pregnancy or delivery (DRAM)*

August 2024

Diastasis recti is the partial or complete separation of the rectus abdominis, or “six-pack” muscles, which meet at the midline of your stomach. Diastasis recti is very common during and following pregnancy. This is because the uterus stretches the muscles in the abdomen to accommodate a growing baby.

Separation of the recti abdominal muscles as a result of pregnancy is considered a complication of labour and delivery. It can be coded whether the patient has a vaginal, assisted or caesarean delivery.



Alberta Health Services, Government of Alberta 2024, 'Learning About Diastasis Recti Abdominus', retrieved 13 June 2024, <<https://myhealth.alberta.ca/Health/aftercareinformation/pages/conditions.aspx?hwid=acn4690>>

For diagnosis code O71.82 *Diastasis of recti abdominal muscle in pregnancy or delivery* to be assigned for an episode of admitted patient care, the requirements of Australian Coding Standard (ACS) 0001 *Principal diagnosis*, 0002 *Additional diagnoses* or 1521 *Conditions and injuries in pregnancy* must be met.

Examples

Example 1

An admitted obstetric patient (post vaginal delivery) is assessed by a physiotherapist and the separation of the rectus abdominus is assessed as being 1 cm. The clinical notes include “Recti abdominus 1cm due to delivery, management discussed with patient and plan developed”.

Code identifier	ICD-10-AM code	Code description	Condition onset flag
PD		Principal diagnosis	1
OD	O71.82	Diastasis of recti abdominal muscle in pregnancy or delivery	2

As there was a clinical assessment, diagnosis and a care plan developed for the recti abdominus documented (ACS 0002 *Additional diagnoses*), diagnosis code O71.82 *Diastasis of recti abdominal muscle in pregnancy or delivery* is assigned for the episode of admitted patient care with Condition onset flag 2 - Condition arose during the episode of care.

Example 2

An admitted obstetric patient (post caesarean delivery) is assessed by a physiotherapist and the separation of the rectus abdominus is assessed as being 4 cm. The clinical notes include “Pre delivery recti abdominus 4 cm, brace and tubigrip fitted. Exercises recommended”.

Code identifier	ICD-10-AM code	Code description	Condition onset flag
PD		Principal diagnosis	1
OD	O71.82	Diastasis of recti abdominal muscle in pregnancy or delivery	1

As the requirements for ACS 0002 *Additional diagnoses* are met, diagnosis code O71.82 *Diastasis of recti abdominal muscle in pregnancy or delivery* is assigned for the episode of admitted patient care with Condition onset flag 1 - Condition present on admission to the episode of care.

Example 3

An admitted obstetric patient (pre delivery) is examined and separation of the rectus abdominus is assessed as being 2 cm. The clinical notes include “Pre delivery recti abdominus 2 cm noted”. It was noted to further review the abdominal separation following delivery.

As the requirements for ACS 0002 *Additional diagnoses* have not been met, diagnosis code O71.82 *Diastasis of recti abdominal muscle in pregnancy or delivery* is not assigned for the episode of admitted patient care.

Validations

Three fatal validations can generate when coding O71.82 *Diastasis of recti abdominal muscle in pregnancy or delivery*:

H550 - Code || is only valid for patients between | and |. This patient is |.

This validation specifies when code O71.82 is assigned the patient age range must be between 12 and 55 years.

If the patient age falls outside of this range, H550 will generate.

H847 - Code || cannot have a Condition onset flag of 9 Condition onset unknown/uncertain on admission to the episode of care. Please review and amend.

This validation specifies code O71.82 must have a condition onset flag (COF) of either:

- 1 - Condition present on admission to the episode of care, or
- 2 - Condition arose during the episode of care.

If the COF is 9 - Condition onset unknown/uncertain, H847 will generate.

H552 - For code || the patient should be |. This patient is |.

This validation specifies the patient must be female to have code O71.82 assigned.

If the patient sex is not female, H552 will generate.

Document History

Version	Date	Status	Key changes made	Author/s
1.0	May 2020	Approved	Version 1.0 published	Data Quality Team
2.0	August 2024	Approved	Update of examples and formatting following consultation at the SSB-CCSIG.	Data Quality Team