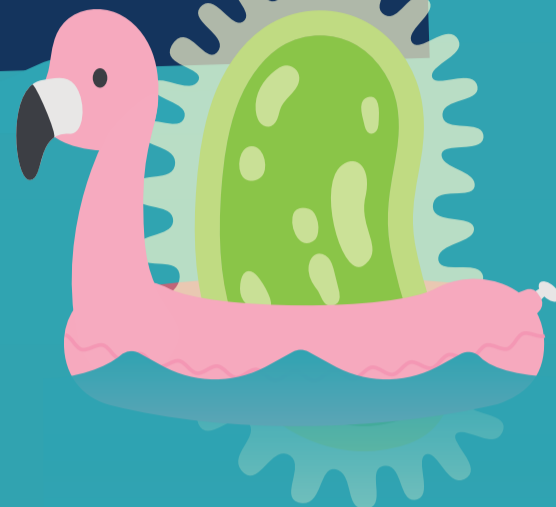
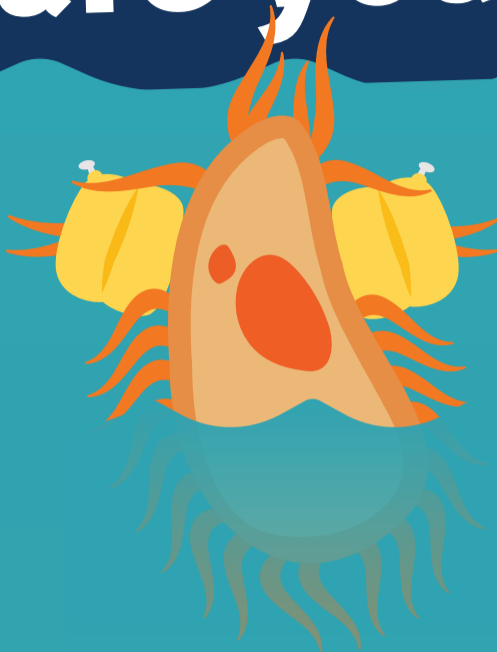
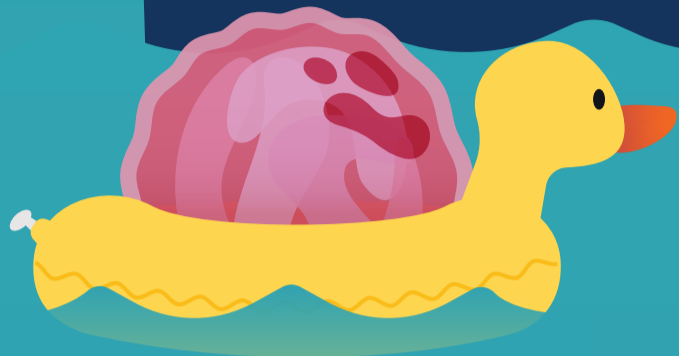


# Everyone shares the pool

## Don't share your germs.



Don't swim if you have diarrhoea or have had diarrhoea in the last 14 days



Avoid swallowing pool water



Shower before and after you swim



Wash your hands with soap after going to the toilet or changing a nappy



Change nappies in nappy change areas only

You should not swim for 14 days after diarrhoea has stopped.