Queensland Clinical Guidelines

Translating evidence into best clinical practice

SCOPE DEFINITION

Guideline Title: Prolonged and/or obstructed labour

Scope framework		
Population	 Which group of people will the guideline be applicable to? Pregnant women during active first stage or second stage of labour 	
Purpose	How will the guideline support evidence-based decision-making on the topic? Identify evidence related to: Diagnosis, assessment and management of prolonged and/or obstructed labour	
Outcome	What will be achieved if the guideline is followed? (This is not a statement about measurable changes / not SMART goals) Support: • Early recognition of women experiencing prolonged and/or obstructed labour • Best practice management when prolonged and/or obstructed labour is diagnosed	
Exclusions	 What is not included/addressed within the guideline? Routine antenatal, intrapartum and postpartum care Elements contained in other Queensland Clinical Guidelines (e.g. intrapartum pain management, instrumental vaginal birth, perineal care, normal birth) Elements specific to Queensland Clinical Guideline Standard care Anaesthetic management Work/procedural instructions for caesarean section, instrumental birth, manual rotation, episiotomy 	

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Clinical questions

Question		Likely Content/Headings/Document Flow
Introduction		 Definitions Nomenclature obstructed/delayed/ Clinical standards
1.	What factors can affect the progress of normal labour?	 Uterine activity (powers) Pelvic factors (passage) Fetal factors (passenger) Other (maternal state, need for analgesia)
2.	What clinical assessments are indicated when labour is prolonged and/or obstructed labour is suspected	Clinical presentationClinical examinationMonitoringUltrasound
3.	What care can be recommended when prolonged and/or obstructed labour is diagnosed?	 Intrapartum care Hydration Analgesia In first stage Augmentation In second stage Augmentation Manual rotation Episiotomy Instrumental vaginal birth Caesarean Section
4.	When caesarean birth is indicated, what are evidence based considerations in the setting of obstructed labour	 Clinician experience Operative techniques Management of: Impacted fetal head Bandl's ring

Potential areas for audit focus (to be refined during development)

Audit items will relate to the desired outcomes and the clinical questions

- What proportion of women diagnosed with prolonged or obstructed labour requiring caesarean birth achieved a decision to birth interval consistent with local protocols
- What proportion of women diagnosed with obstructed labour in second stage were reviewed and assessed by an obstetrician prior to:
 - o Augmentation
 - Caesarean birth
- What proportion of women diagnosed with impacted fetal head at caesarean birth had fetal head elevation with a fetal pillow attempted
- What proportion of women who had a caesarean birth in second stage experienced:
 - o Uterine or bladder trauma
 - o Postpartum haemorrhage
- What proportion of babies born to women who had a caesarean birth in second stage experienced a birth injury (e.g. fracture of skull, clavicle, femur)